

# Ask your doctor if your **dry AMD** could lead to **geographic atrophy (GA)**

GA is a serious condition that causes irreversible vision loss.

Use this guide to start the conversation with your doctor and learn about steps you can take to monitor and preserve your vision.

## 1 Understanding GA

It's important to understand where you are in your journey with dry AMD, and your risk of developing GA. Here are some questions to start that conversation with your doctor:

- What is GA, and how is it related to dry AMD?
- What are the risk factors for developing GA?
- My family history with dry AMD or GA is \_\_\_\_\_  
\_\_\_\_\_
- Have you seen any signs of GA (or atrophy) when examining my eyes? What stage am I at?
- How quickly can GA progress? How quickly is it progressing for me? \_\_\_\_\_  
\_\_\_\_\_

## 2 Recognizing the symptoms early

GA can start to develop with subtle symptoms that slowly interfere with your lifestyle, or even **no symptoms at all**. Be on the lookout for subtle changes in your vision and talk to your doctor about them at each visit. **Circle the vision changes** you may be experiencing:



Difficulty seeing in **low light**



Difficulty **driving**



**Washed-out** colors



Struggles **reading**



Straight lines that look **wavy or crooked**



Hard time **recognizing faces**

Describe any other symptoms not listed:

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# Partner with your doctor to get ahead of GA

## 3 Getting ahead of GA

Work with your doctor to monitor your progress and discuss whether there are steps you can take to preserve your vision:

- How can we continue to monitor my vision to see if my dry AMD is progressing to GA?
- How often should I come in to monitor my progress?
- Is there anything I can do to slow the progression of GA? Are treatments available?

## 4 Living with progressive vision loss

Symptoms of dry AMD and GA can impact your daily life. Talk to your doctor about how you can manage it:

- Is there anything I can do at home to help adapt to my vision changes?
- Are there any other resources or organizations that could help me?
- Are there communities or support groups for people like me?

Additional thoughts or questions for your doctor:

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The information provided is for educational purposes only and is not intended to replace discussions with a healthcare provider.



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